

Sneak Peek

All human beings are not born great or become successful in life; however, it is possible to achieve greatness by choosing a noble task and persevering to accomplish it—over coming all difficulties in one's pursuit.
- Dr. Bhavarlal H. Jain



REPUBLIC DAY CELEBRATIONS

वतन हमारा ऐसे ना छोड़ पाए कोई,
रिश्ता हमारा ऐसे ना तोड़ पाए कोई,
दिल हमारा एक है, एक है हमारी जान.
हिन्दुस्तान हमारा है हम है इसकी शान!

The 69th Republic Day of our country was celebrated with much fervour. Dressed in white, we all gathered on the lush green lawns near the flag post. The air was filled with patriotism. We all stood class-wise in lines, designed like the rays emerging from the sun. The chief guest arrived, who was a close friend of our beloved Dadaji. Instructions were given by the security officer, and we saluted the flag in an appropriate way. The chief guest unfurled the flag, and the rose petals started falling down in the soft morning breeze. After that, Rishab Jain of class 9 read out the pledge. Subsequently, we all gathered in the assembly hall for a cultural programme which included two speeches in English and one in Hindi by Poorva Deoda and Shubham Fafat respectively. After that two songs were performed by the school lead group. A couple of patriotic videos were also shown to us. The arts and crafts committee, with the help of some students, had made a beautiful backdrop befitting the occasion. Our hearts remained drenched with patriotic feeling throughout the day.

Freedom in Mind,
Faith in words,
Pride in our hearts,
Memories in our souls,

Let's Salute the nation on this Republic Day.

—Khushi Deoda, Class 9

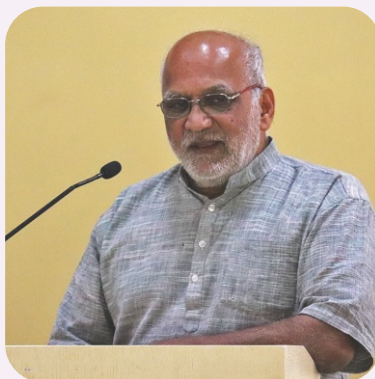


AWARENESS OF HUMAN RIGHTS

On 19 January 2018, we had a distinguished visitor on campus, Mr. Ravindranath Shanbhag, President of Human Rights Protection Foundation, Udupi. It was Yuva Shakti Foundation, Jalgaon, which had made it possible for Anubhuti School to have an interaction with such an eminent human rights activist. Mr. Shanbhag is a social worker and is fighting the human rights violations in India. First of all, he made us aware of the basic human rights as a global citizen. In the second half of the interaction he also talked about some cases that he and his organization had taken up and helped the victims of human rights violations. One of their prominent achievements was freeing an Indian citizen arrested by the Dubai Police on the charges of theft, which he never did! This Human Rights Foundation, along with the Consumer Forum at Basrur in Karnataka, is helping eradicate human rights violations in India.

The activists of both these foundations firmly believe that educating the common people and empowering them to solve their own problems is the most effective way to ensure long-term results. They have restricted their activities to

guiding and supporting victims in their fight against injustice through correspondence and legal battles. These activists usually step in only when the victims are illiterate or helpless, or have exhausted all their efforts.



They have never resorted to pressure tactics such as Dharna, fasting, rallies, Morchas and such other strategies which expose the volunteers to life-threatening situations and involve expenses etc.

They have never charged any fees to the victims in return for the services, guidance and support delivered. They never sought any donations from general public, nor have they received any government grants.

The day to day expenses were met from the remuneration received from contributions to newspapers, periodicals and from trustees themselves, whenever there was a shortfall.

Overall, the session was highly educative and informative that raised our awareness of such a vital issue, and we hope that it would help us 'make this world a better place than we found it' as Dadaji always exhorted us.

– Varun Jaiswal, Class 9

A HAND THAT GIVES, IS A HAND THAT GATHERS

On the 21st of January, volunteers from Anubhuti got the opportunity to visit Help Fair 2018 organized by Malhar Communications in Jalgaon. Different organizations and groups were invited to make them aware of their work in helping the poor and underprivileged. The organizers believe that this is an effective way to bring about the financial, mental and physical development of the masses.

The Fair was a highly ambitious, feature-rich and innovative venture, which demonstrated the work of self-help, social work, various social organizations, NGOs, corporates and cooperative societies in the spirit of social welfare.

There were many such organizations that inspired us to help the poor and needy empathizing with them. More than 60 groups attended the fair. One of those

organizations, Swamdeep, really touched our hearts. They are truly dedicated to helping differently-abled women. They teach women to stitch, make diyas (earthen lamps), purses and help them to earn their own livelihood. The founder herself is a physically challenged woman. We interacted with her and were left spellbound by her amazing dedication and passion. There is no doubt that the fair brought together not only various volunteer and charitable organizations working for the betterment of the needy but also those who are looking for help.

We all are grateful to Malhar Communications for inviting us to visit Help Fair, which opened our

eyes and made us realize the suffering of our needy brothers and sisters in society.

– Sanika Gupta, Class 9



CLASS 8 BOYS EXPLORE KARNATAKA

After a lot of conjectures and rumours about our excursion destination, we discovered that we were going to Karnataka. We were accompanied by Parvati akka, Deepak sir, Sachin sir and Vaibhav sir (our tour operator representative). On the 11th of January we were told to report at Elephant Point by 1:00 p.m.

We reached Bhusaval station at 2:30 am. The train which was supposed to arrive at 3:30 was very late and finally arrived at 5am. As soon as we entered our bogie we went to sleep. The next morning we had our breakfast and then everybody participated in various activities like playing cards, business and antyakshari while some just snoozed.

The next morning we reached our first destination and checked in at our hotel Premier Residency. We had our breakfast and left on our first sightseeing tour, starting with Kali Mata temple which was situated on an island named Kali Island. As it was an island we saw various sea animals like mudskippers, fishes, crabs and many more. Our next spot was an aquarium which consisted of 40-50 various species of fish. It was followed by the warship museum of INS CHAPAL. We were thrilled to see models of some missiles. After this we returned to our hotel, had our lunch and boarded our buses to reach our next spot that was Dandeli. We checked in at Bison River Resort, which was located near the Bison River. We spent the evening playing antyakshari and Chinese whispers around a bonfire. The next day we woke up early and went on a birdwatching

walk. We saw various birds like hornbills, kites, woodpeckers and many more and then we had our breakfast and visited Crocodile Park which approximately had 150 crocodiles.

From there we went to Badami, and stayed at Clarks hotel. The next day we went to visit the Badami caves and were surprised to learn that they were carved out from a single stone. The caves were made up of sandstone. We also visited Bhootnath temple and the heritage museum and departed for our final destination, Hampi. After freshening up in our hotel we went to visit the temples and were completely astonished after learning its history. We saw in awe a huge statue of Narsimha. We returned to our hotel and left for Hubli, where we stayed at Clarks In. After breakfast we were divided into twos and each pair was given 2000 rupees. We were taken to Urban Oasis mall where we ate lots of delicious food and also enjoyed shopping. After that we went to our hotel, had our lunch and headed for the Virupakshi temple and ISKCON temple. We also visited a syringe manufacturing industry before leaving for Hubli railway for our return journey. We boarded our train and reached Jalgaon at 7:30am. The whole experience was an amazing one and all of us enjoyed the excursion to the fullest. For organizing such an exorbitant trip I would like to thank the school management and our escorts.

– Khush Bothra, Class 8



IN THE LAND OF GARDENS AND PALACES

Sitting on bags inflated and about to burst, our faces cupped in our hands, all 18 of us were eagerly waiting for our teacher escorts, Tanmay Sir and Soumita Akka on the sunny afternoon of 13 January. We all sprang up at the sight of them and got on to our bus. With a thundering cheer and shout of Ganpati Bappa Morya, we started on our journey to Bang Bengaluru, Mystifying Mysore and Cool Coorg.

We were met by Vishwesh Sir, one of our tour operators, at the railway station. Some of us had already been on a trip with him, so they looked back on their fond memories and expected to have great fun and learn many new things on this trip as well. We boarded our train at 2:30 a.m. for a long journey of 24 hours, which by no means dampened our enthusiasm and excitement. We whiled away the journey time by multiple rounds of Antyakshari, cards and jokes. Of course, the train food was no match for our tasty Anubhuti food, but in keeping with our culture of respecting food offered to us, we tried to eat up whatever was served to us.

At 6 the next morning we were at the IT city of the country, famously known for its cricket team, Bengaluru (Bangalore). A drastic change in the type of soil, vegetation and climate was observed and felt by us. Our arrival was awaited and a bus promptly ferried us to our hotel, Silverstar. We split up into threes and got into our rooms. After a quick freshening up, we went shopping to a nearby mall. It is always exciting and enjoyable to shop with your friends. Their endless tips and advice make shopping much more fun. Everything you buy gets stored in your memories with a tag of 'bought with friends'. We had been given only an hour, but we were late as usual. We were kindly forgiven by Vishwesh Sir with a 'first and last' time warning that day.

Next day, we were joined by one more of our tour operators, Sonal Akka. After a breakfast with such a rich variety of items, including Idli, Sambhar, Wada, Upma, corn flakes, milk and bread jam, we checked out of the hotel and started journeying towards our most awaited destination, Wonderla.

As soon as we reached Wonderla, we changed into a fresh dress and ran out to the rides. Out of excitement, all 18 of us got on the first ride without knowing anything about it. It started speeding up making us turn round and giving us many twists before making a full 360° turn. It was scary and exciting at the same time. We were still in a daze when

we got off the very first ride and after recovering from this trauma, we split ourselves into several groups and moved to the things of our own choice. We especially loved Splash, recoil, Y scream, equinox, a hearty dance at Rain Disco, not to mention the lunch of burger, French fries and coke. Exhausted and sleepy, we bid farewell to Coorg and departed for Mysore at 6 p.m.

We went sightseeing next morning, first visiting the famous temple of Mata Chamundeshwari, the saviour of Mysore from the Rakshasa, Mysahasur, from whom the city got its name. Our next spot was the Palace of Mysore. Although the exterior of the palace is mostly reconstructed, it was really beautiful. A guide took us inside and told us about the making of different things, their significance, and the history behind them. The exquisite wooden carvings were freshly polished for preservation. The palace, like other ancient Indian monuments, was beautifully decorated with different stones and marble flooring, roofs and walls brought from different countries. We saw some of the great pieces of art of those days including paintings, which showcased the royal army's possessions, durbar hall, royal throne and the royal family—all painted to such perfection that the faces resembled the people they depicted. As we moved forward, a thrill of surprise ran through us when we discovered that the structure of the elephant head near the door was not a sculpture but the actual head of an elephant, who served one of the kings and was among the dearest to him. It is little wonder that even after his death his head has been preserved until now by the process of taxidermy.

We left the palace in awe of the scientific knowledge and artistic skills of its makers. Filled with a sense of pride, we next visited the sandalwood oil extracting mill. It has been in existence since 1916 though has undergone several modifications incorporating improved techniques. The machines were not working when we went there. The guide showed us around and explained the procedure of oil extraction. The air was filled with the aroma of sandalwood in the stone mill. We saw the processes of cutting, chipping and destructive distillation of sandalwood for extracting oil. Karnataka is no doubt blessed with its red soil and that adds to its large natural assets. The precious oil, after purification, is sent to Bengaluru for the production of its famous Mysore Sandalwood Soap, which is sold across the world. We spent the afternoon at the renowned Brindavan garden near the river Kaveri playing charades. Our funny and clumsy way of movie illustration and the most

unsuitable guesses for them made it truly hilarious and memorable. We moved back to our hotel and by the evening we were enjoying swimming, or rather, diving and splashing water in the pool.

The next day after breakfast, we checked out of our hotel and set out on our journey to Coorg. On the way, we paid a short visit to the Namdroling monastery. Many paintings with different forms of Buddha depicting different qualities were on the wall. At the centre of the place were three big gold-plated statues of Buddha. The middle one—the tallest amongst all—was the symbol of peace, knowledge and purity. The left one was an idol of aggression and the right one for a long life. It was believed that the statues had manuscripts within them. After visiting this second holy place on our trip, we finally arrived at Coorg. Thankfully, we reached our hotel by the lunch time. But more than lunch we found ourselves interested in a shop's posters exhibiting different kinds of chocolates just beside our hotel. After lunch, some of us rushed there to buy chocolates while the others stayed behind to explore more options in the local market. Vishwesh Sir had given us a task to learn a new sentence in Kannada from any person we could, and also ask him or her their name, which could be asked at any point of our trip. Everyone actively took part in this interesting exercise, and came up with weird sounding

sentences, which were then asked of us at our first tourist spot in Coorg, Abey Falls. It was a beautiful creation of nature—calm and cool. We then moved to Raja's Seat. While in the garden, we spent the afternoon learning the art of narrating stories with hand movements from Sonal akka. We had our high tea outside the garden. We were keen to buy something special, to take back with us. We tried to outsmart each other in our choice of best possible souvenir. We, therefore, requested Vishwesh Sir to take us to the market where we could buy Coorg's famous coffee as well as homemade chocolates. He did agree but warned us that we would have to walk quite a lot to get there. The temptation for chocolates was too strong to resist, and we happily agreed to do so.

The fun-filled trip had helped charge our batteries, and we found ourselves ready to return to home sweet home: our Anubhuti School.

– Urvesha Navghare, Class 8



INDIAN INTERNATIONAL MODEL UNITED NATIONS JALGAON - CHAPTER 2



Diplomacy is the Art of Letting Someone Else Have Your Way (Sir David Frost)

This art of diplomacy is what is required in this ever growing globalizing world. To make India's youth a master in this art, the IIMUN organizes various MUNs around the country. Our school hosted an IIMUN for the second consecutive year this time. The excitement was at its peak which could be seen clearly through the faces of children who registered in large numbers for the conference. Of course, to organize such a big event is not an easy task for the IIMUN, especially while sitting in Mumbai. They had earlier formed an organizing committee selecting Anubhuti students from class 9, 10 and 11. While this team was all set to put on a memorable event, we could see the participating students spending a lot of time researching and trying to make sure that they presented their very best. They asked the IIMUN representative a lot of questions, which were patiently answered by them.

For many of these students, it was their first experience and they simply did not want to be even a bit unprepared. There were 8 different committees to choose from that covered an array of topics, which were as follows:

1. UNSC -The threat of a nuclear war and ways to counter it.
2. Lok Sabha- The Question of LGBT Rights in India with emphasis on the amendment to the Section 377.
3. ECOSOC - Laying down a roadmap for meeting the SDG Goal 5.
4. Harry Potter- Discussion on laws against 'Unforgivable Curses'.

5. UNESCAP- Urban Sprawls and Poverty in South Asian Region.

6. International Press.

Each committee was allotted certain countries, which they would be representing during the conference. The students were allotted time in the computer lab to research committee-wise. They made productive use of this time and by 5 January were equipped with complete knowledge about their respective countries.

Finally the day of the conference arrived. Our Director General was Ms. Mansi Mistry and our Secretary General was Ms. Ridhiksha Agarwal who work with IIMUN. They had a brief interaction with the students. On the 5th of January all the participants registered and were eager to attend the opening ceremony. Participants from 5 different schools joined the conference. The conference was also graced by the former ambassador of India to Mexico, Mr. Dinesh Kumar Jain.

A brief cultural program of music and dance followed the lighting of the lamps by Mr. Dinesh Kumar Jain, Mr. Manoj Parmar, Ms. Mansi Mistry, and Ms. Ridhiksha on the inaugural day. First was a Tabla performance by Amritesh Sir. There was also a dance performed by the girls of class 11. The students of St. Teresa School also took to the stage and presented a play with a beautiful message followed by an enchanting performance by Tanay Malhara, the winner of Dance Plus 2 and an alumnus of the same school. Parmar Sir expressed his hopes of having a fruitful conference and motivated the students. Mr. Dinesh Jain also gave a speech



INDIAN INTERNATIONAL MODEL UNITED NATIONS JALGAON - CHAPTER 2



and guided the students. After this, the conference was declared open by the Director General followed by a loud cheer and clapping of the participants.

The following day of the conference, participants around the school could be seen nervous and at the same time with a tinge of excitement in their eyes. We were given an informal briefing about the rules and procedure by the chairperson. They very patiently helped us understand the entire process. After this, formal committee presentations started. Each one of us had prepared a 90-second speech, which essentially demonstrate the stand of our assigned country on the agenda of the committee. We were also encouraged to comment and question on the speeches made by different delegates. These questions and comments usually help you earn some brownie points. Another essential part of diplomacy is lobbying; one has to go around and talk to the delegates of other countries in order to convince them to support you in the final resolution. Various moderated caucuses and discussions about different dimensions of the problem at hand emerged. Participants actively presented their views and some very productive ideas were put forth by them. After a session of brainstorming on the various issues we had to fill our stomachs and so we broke up for lunch. Our deliberations extended outside the committee rooms and the lunch tables witnessed the talk about our agendas. This way, the first day of our conference was very productive and informative. It was now time for fun. After all, all work and no play makes jack a dull boy. Our organizing committee modified the

Assembly hall into a full-fledged party place. We all danced to the latest bollywood numbers as well as the old classics. It was a much-needed break as we had to go back to being formal delegates the next day again.

We met again the next day with fresh ideas and, most importantly, our draft resolutions. Resolutions are basically a summary of the discussions that take place in the committee asking with the new-found solutions to these problems. These resolutions decide whether the committee has failed or passed. The resolutions were read, discussed, questioned, amended and debated upon until the committee agreed to pass them. This was the final step and here the lobbying done by the delegates gave them a helping hand. After this, the time had come to bid goodbye. The chairpersons had an informal confederation session which was enjoyed by all. We again met at the Assembly Hall where we left as strangers and fellow delegates and came back as friends. The chief guest delivered a speech sharing his observations and allowing us to have useful feedback. Then the prizes for the best delegates from all the committees were declared. Anubhuti came out as the best school but we generously have the trophy to the second best school Rustomjia international. We returned with sweet memories, new experiences, a lot of knowledge and went one step further in learning diplomacy. I would like to thank principal sir for hosting this conference in our school. I would also like to congratulate the organizing committee who beautifully managed the entire conference.

- Anjali Palod, Class 11



A TRIP TO THE CITY OF NIZAMS

The city of lights, lake, and kebab had called us to come. We hardly knew anything about the city and had only a vague idea of this historical place. We all were excited to go out of the school campus and visit a city of high computer technology that has earned it the name of Cyberabad. On the 13th of Jan we left the school. There were 5th, 6th, and 7th class boys. We spent the train journey time by doing naughty things and stuffing foods into each other's mouth. We had a sound sleep over the night so that we woke up fresh and ready for seeing the city of lights, Hyderabad.

Next morning we arrived at Secundarabad. The railway station was a perfect scene of chaos all around. We came out of the station and boarded a bus that was waiting for us. We were accompanied by Hareesh sir, Kotti sir, Jasmine akka, Jayashree akka and security dada H. A. Patil and, of course, our tour guide Vaibhav sir from Manas Tours, Pune. We checked in at Grand solitaire. The hotel was quite posh and the food was delicious. The only irritating thing was traffic snarls with honking vehicles. Nonetheless, the city of Hyderabad turned out to be far better than the image we were carrying in our minds.

The following day we headed for Ramoji Film City that is spread over an area of 2000 acres. Described in wikipedia as the largest studio complex in the world, it was established by Ramoji Rao credited with producing more than 100 movies and promoting dozens of talented actors. The rides were crazy and the most thrilling were the sets of the mega box-office success, Bahubali. The very viewing the sets gave us goosebumps. We saw various other film sets and the food served there was delicious too. We then headed for the Snow World. We felt like being in the United States. We threw snow balls at each other and played on the slides too.

On the other days, we visited the historic places such as the Golconda Fort, the Qutb Shahi Tomb, the Charminar and Salar Jung museum. The Golconda Fort showed the excellence of Islamic architecture. The fort was huge and

by the time we finished exploring the site our legs started aching. The most thrilling thing was the echo produced at the first gate. If you clap at the entrance you can hear it to the topmost point of the fort. Qutb Shahi tombs were exactly next to the fort and it was the burial grounds of the Nizam rulers. We were excited to visit it. The Charminar was a perfect example of Islamic architecture. We felt glad to visit it and wanted to stay there for more time but as we had to witness more beautiful places, we left. The other places were equally beautifully built and we loved visiting them.

Seven days of our exotic trip finally came to an end, and we had to leave for the school. The moment we entered our train bogey, we started missing the world's most famous biryani, hospitality we got from the people, beautiful places, and the bond we shared with all the teachers on the trip.

Once we reached the school we got to know that trips are memorable with friends and because of friends. That is the best time to share our thoughts and feelings. Since joining Anubhuti, we have learned a lot from every trip; from this trip too we learnt that visiting a good place with our peers gives us abundant joy and unforgettable memories. We would like to thank our escorts and the school management for organizing such a mind-blowing excursion.

– Jay Mutha, Class 7



WHY THIS KOLAVERI DI: THE MAGIC OF VIRAL MARKETING

The success story of the 2012 Tamil psychological thriller film, 3 established the fact that Viral Marketing is far more effective than other modes of promoting a product, whether it's a big brand or something coming from a mere start-up. On the 5th of January, 2018, Class X Commercial Studies students made a presentation amusingly titled "Why This Kolaveri Di?" Our Commercial Studies teacher, Mr. Swagat Kumar Rath, had earlier explained to us the theme, clarifying how different promotional strategies are used by Market Leaders to outclass their competitors and dominate the market. The presentations were evaluated by Mr. Sachin Kulkarni and Mr. Abhinav Chaturvedi. It was a great learning experience for all the students who made a presentation as well as watched that of the other students.

-Agam Jain and Rajvardhan Patidar, Class 10

SNAPPIES



Viral Marketing presentations by Commerce students



IIMUN Champs



Music Group @ Republic Day Celebrations



Intermediate art exam champs



School security staff @ Republic Day celebrations

NEWS FLASH

- Our school participated in the Science Olympiad Foundation's Math, English and Science Olympiads held in the month of December, and the students cleared their exams with flying colors. Along with this, the school also participated in the Gandhi Vichar Sanskar Pariksha – 2017 and here too the students made Anubhuti proud! The results were as follows:

SCIENCE OLYMPIAD		
Class 6	1 st position	Manas Dhanorkar
Class 7	1 st position	Yashwant Gawande
	2 nd position	Maulshree Bhure
	3 rd position	Sumiran Kadu
Class 8	1 st position	Mridul Agrawal
	2 nd position	Urvesha Navghare
	3 rd position	Aryan Modi
Class 9	1 st position	Abhay Trivedi
	2 nd position	Tanay Bhagwani
	3 rd position	Aaditya Gandewar
Class 11	1 st position	Ishan Jain

ENGLISH OLYMPIAD		
Class 6	1 st position	Nachiket Girnar
Class 7	1 st position	Parth Gautam
	2 nd position	Jay Mutha
	3 rd position	Parth Bhayal
Class 8	1 st position	Khush Bothra
	2 nd position	Urvesha Navghare
	3 rd position	Aryan Modi
Class 9	1 st position	Tanay Bhagwani
	2 nd position	Sarthak Dangarikar
	3 rd position	Aaditya Gandewar
Class 11	1 st position	Anjali Palod

GANDHI VICHAR SANSKAR PARIKSHA - 2017		
Class 5	1 st position	Yatharth Jain
	2 nd position	Nikhil Jain
	3 rd position	Abhinav Mishra
Class 6	1 st position	Nachiket Girnar
	2 nd position	Tejas Jain
	3 rd position	Aarush Bannerjee
Class 7	1 st position	Sanyam Baid
	2 nd position	Akshat Jain
	3 rd position	Jay Mutha
Class 8	1 st position	Sarthak Agrawal
	2 nd position	Aatman Jain
	3 rd position	Akshad Kedia
Class 9	1 st position	Tanay Bhagwani
	2 nd position	Poorva Deoda
	3 rd position	Vedant Shirude
Class 11	1 st position	Sarthak Meshram, Anjali Palod
	2 nd position	Shivam Agrawal, Pratham Vaidhya
	3 rd position	Samiksha Pimparwar

- A totally volunteered organization 'SEVANUBHUTI' has been set up by the students of Anubhuti for raising awareness of social responsibility at the school. The organization aims to help the poor and needy and also help with the cleanliness campaigns in Jalgaon.
- Urvesha Navghare, Sanika Gupta, Jitendra Parakh, Ojas Lunia, Parth Thakare, Ojas Baranth, Hriday Pande, Awadesh Chandak and Rishita Parmar participated in the Intermediate Art Exams organized by the Directorate of Arts, Mumbai in the month of January and passed it with flying colors.

TÊTE-À-TÊTE WITH MR. PRASHANT NERPAGAR

1) How did you come to be associated with Anubhuti and Dadaji?

I am from Pimperkhed, Bhadgaon Taluka. I completed my primary and secondary education there. After completing my B.A. in English, I came here for a job interview. I was interviewed by Chaugule Sir, who selected me for this job. Since 2007, I have been working in Anubhuti.

2) What is your experience of working at Anubhuti?

My experience has been truly wonderful. I have been learning a lot since I joined Anubhuti. I believe that wherever I go now, I will be able to face any difficulty in my life. I feel that I have become a complete human being. I have also picked up new skills like working with computers. The effort made by me in my job has made me very efficient. I am now able to manage my time very well.

3) What have been some of the challenges faced by you while working here?

My work does not pose any major difficulties as such. But whenever I face one, I am able to solve them. My colleagues are also there to help me. Sometimes, I take up many responsibilities and find it difficult to manage all of them. In such moments, my experience of 10 years comes to my help, and I am able to resolve these problems smoothly.

4) What is it that motivates you and keeps you moving?

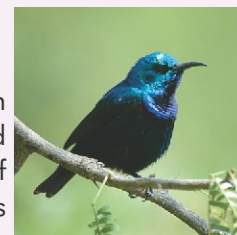
Like many people working here, my biggest inspiration has been Dadaji. Out of all his lessons, the one that motivates me the most is his belief in maintaining quality at all times. He used to say, "May it be a factory or a school, one must never compromise on quality". He also believed in working for oneself. Since I have been fortunate enough to be associated with him, I have been able to live my life and work very well.



FLORA AND FAUNA

Purple Sunbird

The purple sunbird (*Cinnyris asiaticus*) is a small sunbird. Like other sunbirds, they feed mainly on nectar, although they will also take insects, especially when feeding young. They have a fast and direct flight and can take nectar by hovering like a hummingbird but often perch at the base of flowers. The males appear all black except in some lighting when the purple iridescence becomes visible. Females are olive above and yellowish below. This small sunbird has a relatively short bill, a dark and short square-ended tail with distinctive sexual dimorphism. Less than 10 cm long, they have a down-curve bill with brush-tipped tubular tongues that aid in nectar feeding. The species is distributed widely from West Asia through the Indian subcontinent and into Southeast Asia. They are resident birds in most parts of their range and do not travel large distances. They are found in thin forests and garden land, including those in dense urban areas. Local movements are, however, noted especially in the drier parts of northwestern India and Pakistan where they are said to arrive in large numbers before summer. This bird is new to the campus and is frequently spotted near the Saraswati Point.



Hibiscus

Hibiscus rosa-sinensis, known colloquially as Chinese hibiscus, China rose, Hawaiian hibiscus, and shoeblackplant, is a species of tropical hibiscus, a flowering plant in the Hibisceae tribe of the family Malvaceae, native to East Asia. *Hibiscus rosa-sinensis* is a bushy, evergreen shrub or small tree growing 2.5–5 m (8–16 ft) tall and 1.5–3 m (5–10 ft) wide, with glossy leaves and solitary, brilliant red flowers in summer and autumn. The 5-petaled flowers are 10 cm (4 in) in diameter, with prominent orange-tipped red anthers.

The flowers of *Hibiscus rosa-sinensis* are edible and are used in salads in the Pacific Islands. The flower is additionally used in hair care as a preparation. It is also



used to shine shoes in certain parts of India. It can also be used as a pH indicator.

Hibiscus rosa-sinensis is the national flower of Malaysia, called Bunga Raya in Malay. Introduced into the Malay Peninsula in the 12th century, it was nominated as the national flower in the year 1958 by the Ministry of Agriculture amongst a few other flowers, namely ylang ylang, jasmine, lotus, rose, magnolia, and medlar. On 28 July 1960, it was declared by the government of Malaysia that *Hibiscus rosa-sinensis* would be the national flower. This plant is commonly found all over our campus whether it be the Assembly Hall or the Badminton Court areas.



BE CONFIDENT BE SUCCESSFUL!

Confidence is somewhat elusive. You know you have to be confident if you want to make a good impression in the professional world, but earning that confidence isn't as easy as it seems. For some, confidence comes naturally, but for most, it's harder to achieve--especially in unfamiliar situations or with unfamiliar people.

Rest assured that you aren't alone, and remember one critical fact about confidence: in most situations, it doesn't matter if you feel confident on the inside as much as it matters that you look confident on the outside. The goal is to appear confident, even if you really aren't, and there are several tricks you can use to accomplish this.

1. Stand tall: Take up space by standing tall. Keep your shoulders back, and keep your spine straight. This is going to offer you a host of physical benefits, including better breathing and better back support, but just as important, it's going to make you look and feel more confident. People who tend to slouch or shrink their height are invariably viewed as unconfident or uncertain. You can also practice the 'power pose' technique before you enter the room by stretching your arms far above your head or putting your hands on your hips with your elbows wide. These power poses are experimentally proved to increase confidence, but you might look a little silly doing them during your event, so keep them as a preliminary ritual.

2. Make eye contact: Eye contact is crucial for increasing your perceived confidence, and without it, you'll appear scattered or inattentive. When you speak, look at your recipient's eyes, or if you're in front of many people, alternate between them. Even in a crowd, you should be making eye contact with the various individuals in your audience. It's also important to maintain eye contact when the other person is speaking--the more you break eye contact or look around, the more indecisive or diffident you'll seem. Just don't stare people down like you're a military commander--do take occasional breaks.

3. Don't fidget: Fidgeting is a major indicator of low confidence, and most of us fidget without even realizing it. Different people fidget in different ways; for example, some people have a nervous leg-jiggling habit and others tend to wave their hands around in a flailing motion when they talk. You might also find yourself adjusting your standing position or nodding excessively. Instead, try to stand still and only move when it's in an appropriate, deliberate way. This can be tough, especially if you aren't conscious of your fidgeting habits. Practice speaking with someone you know and ask him or her to identify any peculiar quirks you may not have ever noticed about yourself.

4. Speak slowly and clearly: Speaking too fast or in a low tone of voice can make you appear less than confident. It also leaves you vulnerable to saying things you don't mean or slipping up with verbal nonsense. The solution to these problems is to speak slowly and clearly. Take your time with your sentences--it will give you time to come up with better word choices and will make you seem more confident at the same time. Practice articulating your words clearly and in a loud voice so you're used to the approach.

5. Allow silences: There's nothing wrong with a little bit of silence. Too many people denounce the awkward silence as the indicator of a bad conversation, but it's actually a useful and necessary social tool. Use silences to your advantage; for example, you can end an important sentence with a long pause to let it sink in for the listener. You can allow a beat in the conversation between the other person speaking and you speaking to show that you really listened. Silences allow for consideration, and they show that you're confident in your speaking abilities. Don't neglect them.

6. Keep your hands visible: Your hands say a lot about you, whether you realize it or not. Keep them visible and marginally active in the conversation. For example, you can gesticulate your words with a few deliberate actions--just don't go crazy and violate rule number three. You could also use your hands to offer occasional moments of touch if the situation warrants it. It's also important not to hide your hands by stuffing them in your pockets or folding your arms. Keep them visible to appear more confident.

7. Take big steps: This one comes into play when you enter, exit, or move around in a room. Take wide, surefooted steps with every move, rather than quick, hurried, or frantic steps. Don't be in a hurry and remember to keep your body posture aligned. This slow, deliberate series of movements will make you appear confident, so much so that people several yards away from you will be able to pick up on it.

The great thing about pretending to be confident is that eventually, you'll trick yourself into actually being confident. Like with good posture and conversational manners, the only thing preventing you from being able to implement these strategies regularly is lack of practice. The more you practice appearing confident, the more naturally it will come to you, and the more confident you'll look and feel. With your newfound confidence, you'll be able to speak more eloquently, command a more attentive audience, and be viewed with greater respect by the world around you.



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