Sheak feek

"How lucky I am to have something that makes saying goodbye so hard." - Anonymous

Saluting The Real Architects

"Women are the real architects of the society" and we at Anubhuti got a chance to felicitate and interact with some of such architects who are usually overlooked in the society or not considered worthy to be mentioned. They were none other than our Tais and the occasion was International Women's Day on 8th March.

These Tais are the reason behind our spick and span hostels and beautifully maintained lawns. The programme was any eye-opener for many, as it brought forward the struggle they faced in their lives and the

sacrifices they made for their families. Some Tais surprised the students by revealing that they are the only bread winners for their family and not their husbands. They also discussed about their failures and the resilience they showed to overcome the difficult times. The programme was enlivened by few Tais who presented a folk song in their scintillating voice. They were called one by one and were presented gifts as a token of love and gratitude.

-Abhinav Chaturvedi, Teacher







Innovating Minds

'The unreasonable man adopts himself to the world, the unreasonable one persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man'. Indeed, it is this unreasonable man, whose persistence in unveiling the mysteries of the universe led to the giant strides made in science that today impinges on every aspect of life. The last century of the millennium has seen man make colossal

strides in the field of science and technology. He has not only been able to explore the universe, by sending manned and unmanned space crafts to the Moon and the Mars, but has also been able to command and control the forces of nature. Besides these achievements he has also been able to ameliorate his lot, by making life much more pleasant and easier.

The world today is more accessible due to science, i.e. it has considerably reduced the time and distance involved in travelling with the new generation of cars, trains etc. making travelling a pleasure. Even the diseases like cholera and other waterborne diseases have been cured and also some of them completely wiped off from the face of the earth. Life is no longer a drab schedule of routines but we have revolutionized the concept of entertainment by making it more interactive and responsive. The world today is undoubtedly a better place to live in and we owe it to science for making it even better. So all pervading is the effect, that it has not only changed our lifestyle, but has also changed the

Teaching, developing, collecting and displaying the scientific competencies of all students is a traditional trait of Anubhuti School. Every year Anubhuti takes the opportunity and displays the scientific competency of all students at Jalgaon, bringing them on to one platform along with the felicitation for the deserving ones.

way we think, talk and express ourselves.

Carrying the legacy forward, this year also Anubhuti School organized the Science and Mathematics week and invited all schools from Jalgaon. Anubhuti English Medium School, Podar International School, Rustomjee School, St. Teresa Convent School, and Ujjwal Sprouter School participated in the competition. The question lies in the development of technology for sustainable future and that was the topic for the science week this year which was held on the 6^{th} , 7^{th} and 8^{th} of this month.

On the first day we had an interesting interaction with Dr. Vijay Laxminarayan Maheshwari who is a Professor & Director, Head, Department of Biochemistry, and School of Life Sciences, North Maharashtra University, Jalgaon. He enlightened the students about the latest scientific developments taking place in society. A science quiz on 6th afternoon was organized in which the

students of Anubhuti enthusiastically participated.

The next day was celebrated as Mathematics Day with a presentation on the Importance of Mathematics by Gangadher Sir, a faculty at Anubhuti. This was followed by a Mathematics Quiz in the afternoon which was attended by all the students.

On the third day five schools of Jalgaon, participated in the programme. As the theme this year was 'Sustainable Development'and we had invited students from various schools to participate in this exhibition. We had some exquisite models which inspired us to take a step to prevent our nature from deterioration. The jury members judging the competition were Dr. Anil Dhake and Dr. Bhardwaj. As the host school we did not participate in the competition but had prepared a model of a driverless car.

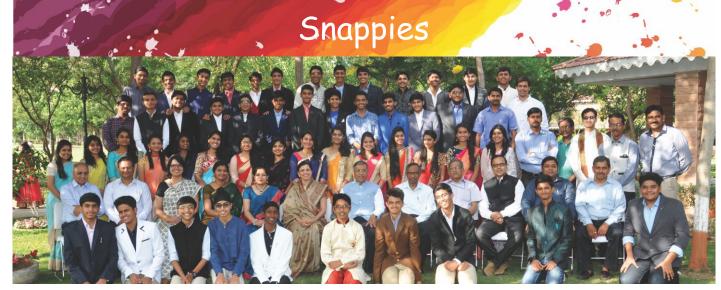
Incidentally, March 8^{th} is celebrated as International Women's Day, and the function was blended along with

the International Women's Day Celebrations. Dr Gauri Rane, Head of the Department of

Botany, M J College graced the occasion as the Chief Guest. She shared all her scientific works and contributions during her long tenure and enlightened the audience with rich inputs in her address. Following the speech, all the schools displayed their models on the theme "TECHNOLOGY FOR SUSTAINABLE FUTURE" and gave their Power Point

Presentation.

In the latter half of the day the students of Anubhuti presented their scientific experiments and models, which attracted large scale interest and enthusiasm. In the competition Podar International School walked away with the Winner trophy, followed by Anubhuti English Medium School being declared the RUNNER up team. The students of Anubhuti School were rewarded for their innovative and creative experiments.















A Break from Books

Trip to Shegaon

All buried in books, engulfed in anticipation for our Board Exams, we were on cloud nine when our one day trip was finalized. More than the location, what had us all excited was the fact that we were getting to

spend fun time together. So on 2nd of March, we set out for a much awaited trip to Shegaon. The day began with getting ready in haste and scolds from our escorts, Abhinav Sir and Abira Akka for being late.

As we left the school in the early hours, we were amazed to see the sun rise. Then commenced the lively four hour journey, everyone was singing to their level best, dancing to the merry

atmosphere of the bus, enjoying to the fullest. The first stop was a renowned temple in the heart of the town. After that we visited 'Anand Sagar , which was a lush green spot to chill and relax. Some of us

enjoyed the rides while some of us just clicked pictures. The heat did not manage to slacken our spirits, we were given frequent refreshments too. We also took a thirty minute ride in the train. In the end, all of us

sat together and had a session of 'Antakshari' under the cool shades of the trees

As soon as the clock struck five, we all rushed to leave for the school. And that is how we returned back to the arena of books and exams. With a day full of amusement, we were prepared to work with all our determination and focus.

-Riya Jain, Class 10

Trip to Drumstick Lagoon

We can enumerate our journey but we cannot recount those memories which we have made in our 24 hour expedition. It was a very special time for our whole class. We had a great time from beginning to end. We started early in the morning and as the engine started, there began the journey of enthusiasm. Finally we reached our destination 'Drumstick Lagoon'. There we got to

know that there were many activities in store for us and our classmates were good at many of them. They gave their capital performance in every activity. There were various activities such as Rock Climbing, Burma Bridge and many more interesting ones. Girls performed more activities than the boys and did exceedingly better. Boys availed themselves of many

opportunities, they enjoyed swimming a lot. After all this we said goodbye to the destination and proceeded for dinner at Nasik. We then finally departed from there to return to Anubhuti. Our excursion gave us many reminisces to remember.

-Sakshi Paruthi & Rohan Sahasnani, Class 12



Arrivederci - Until We Meet Again

Our old school customs always states that we have a farewell party for the Class 10th and 12th. But this year we all thought that this element from the school custom would be removed. But we were amazed when we came to know about our farewell party, just a day before our first board exam! The day, 10th of March arrived and in the morning it did not seemed that we had a board exam as we were looking for our outfits. An hour before the exam some of us felt dejected and worried about our board exam. When the English language paper got over everyone merrily came out of the examination hall. Then our preparations for our evening programme started with a thought, how good will the farewell go? In the afternoon we had a photo session with Ashok Bhau and as usual the girls were late. We were then welcomed in the assembly hall by our successors greeting us and offering us roses. All the juniors were also enthusiastic and participated whole heartedly. The Good luck party for Class 10th began with a few sentences admiring each of our qualities which were beautifully quoted by our beloved Class 9th. In between as we call it fillers few of my Classmates including me gave our farewell speeches and sang songs. We then had a memory box shown to us right from our journey from Class 7th to our fruitful destination to Class 10th. This reminded us of the fun and enjoyment we always had. It filled us with loads of emotions and a few of us even had tears in our eyes. This was because by that time we were all attached to each other very deeply and there was a feeling about leaving our batch mates.

This was followed by the Class 12's farewell party, hosted by the Class 11th, which began with even more enthusiasm accompanied by loads of fun and enjoyment. They were each endorsed with a phrase and a gift with an inspiring quote. Being the host Class, they had planned special tasks for a bunch of extremely privileged students of Class 12th. These tasks involved performing a range of extremely tough and physically straining events, for instance-ramp walking like a girl, blowing at a

bowl of powder to find a bunch of matchsticks, amongst others. In the midst of the programme all the 12th standard boys had come up on the stage to share their feelings and give their views about the school. There were two videos that very dramatically captured the journey of the Batch of 2016-17 during the past two years that they had spent at school. It brought forth an environment of melancholy and poignancy.

At last there was a surprise, two students of Class 12th were entitled as the Master and Miss Anubhuti of the eve, Rajat Palod and Riya Jain. We then lighted a candle which had a deeper meaning for us, it pointed to the fact that the knowledge (light) would spread all around the school and we would never be aloof from this place, the realization then dawned onto many of the students that they may not see their seniors here in the coming year and the flood of tears which were being held back till now could not be held back anymore. The day ended with a splendid dinner. In the end I would just say that the day was a mixed bag of joy and sorrow, enjoyment and laughter and full of zeal and enthusiasm. Though we call it a farewell as we leave this heaven of freedom (Anubhuti and friends) but we still are connected internally through our hearts and feelings.

-Sarthak Meshram, Class 10





Naturally Celebrated

It was Sunday, 12th March, 2017 and a few girls from GH1-FF decided to make natural colours for this festival of colours. As we were making the colours others saw us and tagged along. We were actually inspired my news articles and our house parent Jayshree Akka, who encouraged us to carry on.

To start, we first collected all the materials required such as flowers, fruits, etc. We made 6 colours, blue, red, black, green, yellow, and blood red from beetroot, amla, hibiscus flowers, violet flowers, mutani miti, and leaves. We had lots of fun playing with our self-prepared natural organic colours.

Nature has so much to give, all the colours were skin friendly and were washed off easily from our clothes as well. In bonus we got glowing skin after washing ourselves, which also proved why these contents are used in herbal products.

Everybody was very excited on this day and in the evening students played holi on the football ground and in their hostel area. This joyful day brought lots of smiles and colour on everybody's faces.

-Romita Sahasnani, Class 7



News Flash

On 12th March, the inter-school skating competition took place in Anubhuti where children of age groups Under-6 to Under-14 participated.

On 1st and 2nd of April, all the artworks made by our little champs were displayed and a live pottery session was also held at Bhaunche Udyan.

On 6th April, an Art Mela will be organised by the Art Department wherein art works and artifacts made by Anubhutians will be showcased.

Waste Not and Want Not

Time the most powerful element in life, flees with the blink of an eye. So here we come to an end of this academic year and are soon going to break for summer vacation, the most awaited time for a school going child. But what we need to remember is that after going home we need to nurture the values we learn in our school, especially regarding saving the resources, be it water, electricity or food for that matter. So waste not and want not means wise use of resources which will keep one from poverty. Willful wastage gives rise to woeful wants. If one is not wasteful one will not be needful.

We don't just require changes in consumption patterns but also changes in discarding patterns. This change will not just save various 'still usable' resources but shall also save our hard earned money by avoiding the situation of needing to buy that resource again. This is rightly justified that if we use a commodity or a resource carefully, moderately, and without extravagance, we will never be in need. Man is blessed with a unique power of reasoning(unlike any other creature on this planet) and he should use this divine power not to present excuses for his indiscriminate exploitation of resources but to check himself before going berserk. All education will become futile if we fail to inculcate the mantra of happy living....and that is "A penny saved is a penny earned."

-The Editors



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