

# Sneak Peek

"Winning is habit. Unfortunately so is losing" -Vince Lombardi

## Garba Night

On the 1<sup>st</sup> of October, the girls of GH3, Ground Floor, and some girls from GH1, under the guidance of Abira Akka, presented an entertaining and meaningful assembly. The program was divided into two parts.

The first part focused on how Navratri or Durga Puja is celebrated across the country. We had students from various states such as Tamil Nadu, West Bengal, Gujarat, Rajasthan and Maharashtra, talk about the way they celebrated the festival and what it meant to them. This was accompanied by dances from those states on songs such as Dhitang Dhitang, Aigiri Nandini and Ghumar.

The second part of the assembly focused on the fact that though women are worshipped in many forms in our country, they are not treated very well in our society. The students sang songs, recited self-composed poems and performed dances to highlight this

aspect of our society and make the audience introspect on the need for a change. Some other teachers too participated and added value to the assembly with their thought provoking speeches, songs, music and poetry recitation. They were: Nikhil Sir, Amritesh Sir, Tanmay Sir, Harshal Sir and Soumita akka. Sachin sir also made a beautiful painting of Devi Durga for the backdrop.

We were also privileged to have amongst us, Nisha Akka and some other distinguished guests who had come to the GRF, to participate in a conference on women and their role in world peace. The guests were very impressed with the presentation and praised the performances and the conceptualization of the program. The assembly left us feeling thoughtful yet joyfull!

- Sarthak Dangrikar, Grade VIII



## A Better Tomorrow

Today is not yesterday and tomorrow is not today. Changing technology also changes the education system. For magnetic classroom learning teachers must update their technical knowledge. On September 28, 2016, Microsoft conducted a teacher's development programme where teachers learned about how Windows 10 and Microsoft office 365 functions will help to teach the students in a better and more interactive way. This training programme was executed by Mr. Suraj from Microsoft for all the faculty members and it helped us to gain knowledge and learn how to use the different teaching aids which benefit both the students and the teachers. I believe that Windows 10 and Microsoft-365 widens the

horizon by providing us with better techniques and opportunities to learn and to preach. Programmes such as these help not only institutions like ours but the whole world in general, and this is a very noble and exciting task taken up by Microsoft and it would only aid us if other Technical giants follow suit.

- Swagat Rath, Teacher







## Sports Day

It is through sports that we can reach out for excellence and learn values of preparation, perseverance, endurance and commitment. They also teach the importance of teamwork and cooperation. If social skills, self-confidence, adherence to rules and decision making have to be taught, the means indeed is, through sports. To nurture friendship and amity, a spirit of competitiveness and self-worth Anubhuti conducts a Sports Meet every year. This year the 7<sup>th</sup> Annual Sports Meet was conducted on the 19<sup>th</sup> and 20<sup>th</sup> of November. Like life, sport teaches us that winning and losing is part of every game. This Sports Meet taught us to commit ourselves for observing the rules of the games, imbibing team spirit in every exercise of the day following the 5 S's of sports namely stamina,

speed, strength, skill and spirit.

All of us were divided into 6 houses namely Cyan, Magenta, Aqua Marine, Coral, Sienna, and Ochre. Each house scored points when a participant of the house secured 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in an event. At the end of the two day event, the house with the most points won the overall championship.

On the first day we had the senior events and on the following day were the junior events. Mr. Ashok Jain was the chief guest for the opening ceremony. He encouraged all the students with a short speech followed by a march past. Despite the tough competition the students participated with zeal and zest. The entire P.E team worked very hard and put up a brilliant sports meet. As a part of entertainment we

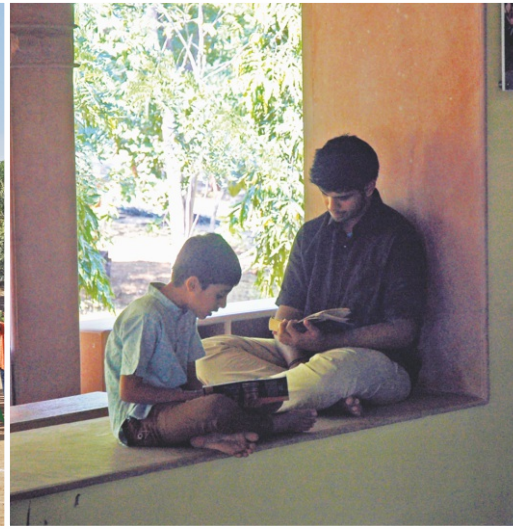
also had a tug of war between school staff and students as well as musical chairs played by the teachers.

The groups were awarded with various trophies at the end. There were trophies for best march past, most disciplined house, runner up trophy, and overall championship. There was also awards for best sports boy and girl in both junior and senior category. Each winner for an event was also awarded with medals and certificates. Mr. Atul Jain, J.P Rao sir, Raghavan sir, U.V. Rao sir did the honours during the closing ceremony. To conclude the Anubhutians showed 'Never Give up Spirit.'

-Avnish Tayal, Grade XI









## Reading is fun

Reading has, at all times and in all ages, been a great source of knowledge and tranquility. It can be relaxing, soothing, exciting, thrilling, fun and much more. Reading can be described as a journey that starts as the opening, if a page of a book is turned. It provides a world of imagination and innovation where we can experience things which we may never be in real life. Books wash away from the soul the dust of everyday life. Reading has plethora of advantages and it has been a hobby of billions of people.

Our school, Anubhuti, had organized a Reading Session for all the students on 25<sup>th</sup> of November, 2016. It was a venture which took off as an initiative of Scholastic India. All the students awaited for the session in an ebullient mood. On that day, we picked up the books that we were interested to read and walked with zeal to the assembly hall. The session began at 12:00pm. There, in the assembly hall, we had books with all kinds of genres- comics, novels, classics, fictions, non-

fictions, etc. We got so engrossed in our books that the session seemed quite short. But it was a pleasure to read together. For those of us who have not been avid readers, this session enlightened them that reading can be fun.

In today's world we may find that the habit of serious reading is dying out. But we should remember that "Books give a soul to the universe, wings to the mind, flight to the imagination and life to everything." So, we must never let the habit of reading die out.

- **Saumyaa Jaju**, Grade XI



## Children's Special

Children's Day celebrations at Anubhuti had a very different note this year. Children had the privilege of enjoying a puppet show with a difference. This puppet show was presented by Mr. Dinesh Madhukar Salunkhe, a teacher by profession, who not only showcased his puppet show but also shared the secrets of making the puppets and operating them. This puppet show had a blend of tradition and modernity. Normally one associates a puppet show with traditional characters enacting out a story or conveying a message. However, here we had even birds and animals along with puppets in human form, dressed in jazzy outfits, dancing to the tunes of foot tapping music, be it an English song, Hindi or Marathi. The enthralling show thoroughly engrossed not only our students but teachers as well.

- **Vedant Rathore**, Grade VII



## News Flash

On 1<sup>st</sup> and 2<sup>nd</sup> of October some delegates visited our school and girls from 5 to 12 went to Gandhi Research Foundation for the International Women's Meet on Non-Violence and Peace.

In the month of October class 12 had performed a nukkad on "Ignorance of Happiness in daily life".

Our Geography teacher Ranjith sir successfully completed his PhD in Oceanography.

Chinmay Kalantri student of class 8<sup>th</sup> got scholarship in Music.

On 5<sup>th</sup> of October an assembly on Swacchata had been conducted by Mr. Bhujang Bobade and his team.

## The Plight of Choice

There will be several moments in one's own life in which we would be forced to choose a different path or between two paths. We can make a choice or continue to live in that situation for the rest of our being. But to select, to decide, to choose is a necessity for growth, progress and life itself. The tough part is not exactly the action of choosing, but the thought process involved in making the choice is irksome and often torturous. To know that you have to pick one from two or many and while you reap the benefits of one you have to live with the regret of not being able to enjoy the merits of the other. This again is quite contradictory and highly debatable, because most of the time people like to believe that they are aware of

what they want and what they need. But no matter how much you try to think about the "opportunity costs", doubts will surface, unless you are satisfied and this (satisfaction) is something that the human mind can never truly achieve or understand. The dilemma often involves a choice between what the head wants versus what the heart desires.

Life does not come with guide books "A secret handbook to choosing" but what we all do have, is the ability to think- to choose - to fail - to rise, and to do this again and again until we reach that point of perfection. So next time you find yourself at a cross road, our advice is to "JUST THINK", and this is all we have to offer.

- **The Editors**



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