



SANDESHANUBHUTI

"Become proactive thinker and keep learning - keep learning lifelong."

– Bhavarlal H. Jain

The reindeer on its way!



The chilling winter becomes more special with Christmas. Christmas brings a lot of joy, happiness and blessings to people. For children, Christmas is predominantly restricted to Santa Claus, gifts and chocolates but for everyone to know about the story of Christmas, the students of class V and VI performed a drama to signify Jesus Christ's birth. Christmas can never be complete without carols. The carols were very soothing and calming. Everyone welcomed Santa with the tunes of 'Jingle Bells' and waved their hands and outshouted their excitement. We were invited to the Principal's bungalow on Christmas day. Everyone was enchanted by the lovely decorations of Christmas. We were served cake and fresh juice along with salty and crispy snacks.



This is how our Christmas celebrations became one of the most enjoyable and memorable one.

– Parineeta Agrawal, Class 10



Jaane Kya Dikh Jaye : Rajasthan



The students of grade V, VI and VII left Anubhuti on 13th December for the Railway station to enjoy the exciting and awaited trip. We reached the Station and to our shock, our train was 3 hours late. Nevertheless, we enjoyed at the station. We were served with delicious food once we boarded our train and then we retired for the day.

After waking up we had our breakfast and fun time in train. We reached Hazrat Nizamuddin station at 2.30 pm. We reached hotel 'Arch' in cabs. We visited one of the most important monuments of Rashtrapati Bhavan, Parliament of India and India Gate. The next day we went to Qutub Minar, Illahi Darwaja, Humayun's tomb, Lotus temple and Raj Ghat. That day we enjoyed our lunch at Raj Ghat. The water show was mesmerizing in Akshardham temple.

After breakfast we boarded our bus from Delhi to Jaipur. Around 1:30 pm, we reached hotel Mango Ananta. The day ended with the beats of the loudspeakers as we danced through the DJ night.

On 5th day of our trip we went to Albert Hall Museum, City palace, Hawa Mahal, Jal Mahal and Amber Fort. Then for dinner we went to a place which was designed like a village called Chokidhani.

On the next day we boarded our bus from Jaipur to Agra via Fatehpur Sikri. Then in Fatehpur we saw Akbar Mahal while in Sikri we saw Buland Durwaza and Masjid and at night we reached our destination.

After breakfast we went to the Taj Mahal and then after lunch we went to Agra cantonment railway station to catch our train back to Jalgaon.

We enjoyed a lot in our well planned excursion.

– **Purab Jain, Class 7**



Padharo Mahare Desh : Rajasthan



We boarded our train on 12th December and began our trip to Jodhpur. We enjoyed while travelling in the train. After a long journey of 20 hours we finally reached Jodhpur in the afternoon. We checked in a hotel named as Jodhana Elite and had our lunch. After some time we went to Umaid Bhavan Palace, Clock museum and thrones of kings. Then we went back to hotel to have our dinner.

The next day we went to Mehengarn Fort and Handicraft Centre. After some time we started our journey towards the Golden city Jaisalmer.

The next day we went to Patwa ki Haweli, Sonar Quila and Gadisar Lake after completing all this we left for our desert camp and after some time started our desert safari. We enjoyed the folk dances, they showcased the beauty of Rajasthan.

The next day after having our breakfast we started our journey back to Jodhpur and reached there in the evening, after some time we went to Mandar Udhyan. The next day we went to Brahma Mandir and then started our journey towards the most awaited

place Jaipur, the pink city. We saw Amer Fort, Chokhi Dhani and the World Trade Park. The next day we saw Jantar Mantar, It features the world's largest stone sundial, and is a UNESCO World Heritage site. After having our lunch we started our journey towards Surat. We enjoyed a lot in the excursion. We reached Anubhuti on 20th at 3:30 pm

– **Tejas Jain and Niraj Mahajan , Class 8**



Amazing Heritage Grand Experiences : UP



“One impulse from a vernal wood
May teach you more of man,
Of moral evil and of good,
Than all the sages can”.
(William Wordsworth)



With such expectations we, the boys of class IX boarded the train on 14th December to Lucknow. We were extremely excited as it was a trip with our friends to famous Dudhwa Tiger Reserve in Uttar Pradesh. After enjoying a lot in the train, we reached the city of nawabs, Lucknow, after freshening up in the hotel, we started our journey towards Dudhwa . Our camp in Dudhwa was ‘NEVS’ (National Environment Science Camp). It was comfortable and everyone was excited. First day we

did a lot of activities and then differentiated between various Flora and Fauna in the farmland, woodland, wetland and grassland. The whole area was majorly covered with sugarcane and mustard plantation. The next day we did jungle safari in gypsies which were camouflaged to look like a forest. The journey inside the jungle was sensational. We saw many kinds of birds and even pugmarks of tiger. Adding to our fun we also learnt how to make a fishing net and catch fish. But due to the excess depth of water we were not allowed to fish in Mohana river, which is also one of the cleanest rivers of the world. Next day we went to Katernia ghat, which was memorable as we went for boat safari. There we saw Gangetic dolphins and formidable crocodiles. Every night we had wonderful campfires where we used to sit and sing songs. Before we could realize the passing of the time, it was the last day of our trip and time to return Lucknow to catch our train. In Lucknow we visited a historical school and went to the most awaited place of our trip ‘a shopping mall’. We ate, did shopping and had lot of fun in the mall. Finally, at 12:30 am we boarded our train to Jalgaon and reached next morning.

– Devansh Asawa, Class 9



God's own Country : Kerala



On 12th December, we the boys of class XI, started our journey to Bhusawal station at 10:00 pm. Our departure was by Mangla Express at 2:00 am. A long 30 hours journey that initially seemed cumbersome became memorable with all the friends.

We reached Ernakulum station at 9:45 am and boarded bus to check in our hotel, 'The Dunes'. We were provided with some spare time to refresh and then we went to Lulu mall. It is India's one of the largest mall. Even a full day seemed less to take a tour of that mall properly. From there we went to visit a Harbour. We returned to our hotel by eight in the night and had a marvellous dinner. After the dinner, we had a sound sleep as we all were tired.

Next day we got ready and had our breakfast. We along with our luggage checked out the hotel. We went to Munnar by bus. The songs played in the bus lightened our monotonous road journey. After reaching Munnar the first thing we were shown was Munnar valley. We all were mesmerized and enchanted by the scenic beauty

and the rich flora and fauna of Kerela. We got a chance to buy the product made by the local artists. We also bought herbal medicines and aromatic spices. The next day we were taken to the Ernakulum Sanctuary. The mini boat took us to the peak from where the sanctuary started. On our way back we did some street shopping. The next morning we were taken to Periyar National park after completing a 6-hour journey. We did jungle safari and returned to our rooms. We checked out of our rooms early that morning and moved into a houseboat. We had our lunch in the houseboat that day. We had a DJ night that was followed by dinner. The next day we were welcomed by our second houseboat and enjoyed a lot there.

Now, it was time for us to move back to Kochi. We enjoyed in the swimming pool and after having our dinner, we were taken to Central Mall. With loads of memory from our excursion we boarded our train to Jalgaon.

– **Maoulik Kumart**, Class 11



The Heart of Incredible India : MP



It was 12th evening we started our journey. We were blessed by our beloved Dadaji's blessings as it was his birthday. He showered his blessings in the form of rain.

We boarded our train on 12th December at 7:00 pm. We reached Jabalpur station at 6:00 am and had our breakfast. We boarded our bus and proceeded to Kanha. We reached Kanha by 4 o'clock in the evening and rested at a resort named 'Mogli Resort'. In the evening we watched a documentary on Kanha National Park which was followed by our dinner. We all slept early that day because on following day we were supposed to go to Kanha National Park early in the morning. We started our safari at 7 am and by 11:30 pm we left the park and proceeded to our resort. That day we also got chance to enjoy ourselves in the swimming pool. After lunch we played snooker, table tennis, carom and badminton. We also visited a museum and were enthralled by the beauty of the museum. On 15th we started our journey to Jabalpur. We visited Dhuandhar

waterfalls and Narmadakund. Later we went to Samdharia mall. We enjoyed a lot while shopping there and bought many gifts for our family and friends. Next day we visited balancing rock and then left for Panchmari. We reached there by 4 pm and had our lunch. Here we got golden opportunity to do some adventure activity. Under expert's supervision we did trekking, rock climbing and later danced to some peppy tunes in D.J night. On the following day we visited Bison Lodge, Pandava caves, Bee fall, Richgarh, Dhupgarh. Next day was even more adventurous when we enjoyed some adventurous activity such as Bungee Jumping, Wrapling, Rock climbing and ATV bike. We enjoyed the most on that day. Now it was time for all of us to get our bags packed and leave to Pipariya station. We all were very sad but also happy because we were coming back to Anubhuti with lots of funny moments and nostalgic memories to share with everyone.

– *Shipra Churoria, Class 7*



Snappies



ALUMNI Interaction with Parents



Learn with Fun



Champions!



Mouth Watering food



A meet to remember



Beti Bachao, Beti Padhao



Find the Treasure

Snappies



We always learn from our SENIORS



Gift of the gab



Mahabharat Ki ek saanjh



Every SONG counts



Class X_Action Day



Nukkad on Burning Issues of CAA



Fun mania

Beatific Bengaluru



We started our journey on 14th December from Jalgaon station at 11:00 am. We were escorted by two guides, Saurab sir and Hardik sir, two teachers; Sonia Manchanda and Sandip Malode and our security dada C.R. Patil.

We enjoyed our train journey a lot. We played cards while some other friends were busy in chit-chats. It took us around 24 hours to reach Bangalore. The first place we visited was a Science Museum, there were many different engines and working models of almost all the theories propounded till date. Being a science student, it was the best place for me to be. After our long visit, we went to our hotel named Canary and had our dinner.

The next day, we went to the most awaited place for any child, Wonderla. There we did not leave any stone unturned to enjoy and make the day memorable. We enjoyed in the amusement park and in the water park as well. We reached our hotel quite late and dog tired. We had our dinner and straight away went to our rooms. Of course we were

asked to get up early next morning, we enjoyed the night with long, unending chats.

Next morning we started our journey towards Coorg, a place famous for handmade chocolates. We visited Rajaseat Park and bought varieties of chocolates. We even went to a Government Museum which had many ancient items and antique pieces. After two delightful days in Coorg, we resumed our journey to Mysore.

After reaching Mysore, we went to the imposing Mysore Palace. It is one of those few palaces where we can still witness the glory and grandeur of royal India. The second day in Mysore was very exploring. We visited places like Chamundeshwari Temple, A Cathedral and one of Asia's largest zoological parks. Our last destination on the itinerary was Srirangpattanam. The place where Tipu Sultan's tomb is situated. Our trip was so fun-filled and enthralling that we all still talk about it every day.

– Tisha Popat, Class 11



Panch Parmeshwar



It was a windy day and we, the students of class X C were eagerly waiting for our parents to come. It was our 'Hindi internal assessment' day and a special one because our parents were also invited to witness our performance. We were asked to perform a skit on a given topic.

The students of class X C performed a skit on the topic 'Panch Parmeshwar'. It was based on a story written by the great Hindi writer Munshi Premchand. In this skit, system of Panchayati Raj and its role in a village was shown. The skit followed two cases - one of Khala and bhanja, where a property issue was solved by the panchayat resulting in



everyone's satisfaction. The second case was between two villagers regarding the price of a bull. The panchayat solves the issue ingeniously. We not only enjoyed but also learnt from this

experience. No need to say that the icing on the cake was the presence of our parents.

– *Nimitt Agrawal and Kaustubh Mahajan, Class 10*

Phed

"Motherhood" is the only profession in the world wherein the salary is received in terms of love and respect that we actually extend towards them. Such was the inherent message of the drama that was staged by class 10th. This drama, PHED revolved around numerous aspects of motherhood. It depicted the true sense of motherhood and simultaneously showcased the flow of compassion and respect that continuously flows in the hearts of all the mothers. The story was basically based on the spirit of revenge that flourishes in the heart of a mother when her own son is insulted by a



shopkeeper. It also displayed the dedication of a mother towards her child in this particular story, the mother is shown to have sacrificed her pair of *jodes* which symbolized her fortune. This engaging drama was a perfect blend of humour, thought provoking ideas and timeless emotion. It left an indelible mark on our psyche and made us aware of the dedication and sacrifice that MOTHERHOOD truly calls for. The drama successfully instilled more respect for all the mothers.

– *Kashish Yerawar, Class 10*

Deepdaan

The syllabus of ICSE includes various activities to enhance a student's learning and exposure. As part of our internal assessment in Hindi subject, we were asked to perform a skit on 15th December. We selected a story from Indian history and adapted it for our skit. The story was of dauntless Pana Dhai who risked her and her son's life to guard the life of crown prince 'Uday Singh'. We named the skit as 'Deepdaan'. We distributed the roles and started practicing day and night. My classmates were very cooperative and considerate. They agreed to their given roles without any grumbling. They crammed the dialogues and completely submerged into their roles. On the day of our final show, we were excited but a little nervous too. There were special guests for this show and they were none other than our parents. Their presence added a special spark on our face. It was altogether a different feeling to perform in front of our family and get special

applause from them. Our skit was a hit and was appreciated by everyone.

– *Yash Malpani, Class 10*



Commerce – Fest 2019-20



On 28th December, the students of class IX and XI organised the most happening event of our school, the 'Commerce Fest 2019-20'. For the students who joined the school this year, it was completely a very new experience. We never ever had such exposure. The science students got to know commercialisation in a different light. We got the opportunity to interact with experts and know more about commerce, finance and money. We all were interested to know the veracity behind the case of a well-known businessman Vijay Mallya.

The next exciting and interesting part of the commerce week was the 'Treasure Hunt'. After breakfast, we saw a Nukkad Natak based on the different stages of life of a girl. After watching the Nukkad, we proceeded towards the Assembly hall for the Treasure Hunt. We were assigned groups according to our respective houses. As soon as all the houses got their chits, they rushed to find the other clues in the series. The group that deciphered the codes and found the final chit was declared the winner.

Then came the most awaited day, The Funfair. Funfair

was on 31st December. It started with the screening of an episode of The Kapil Sharma Show. After the show we went to the Art Block and enjoyed playing the various games set up by the commerce students.

There were many games like the ball mania, bowling, the pencil and coin, perfection game etc. There was even a memory studio corner where we clicked photos to keep the day fresh in our memory. After the fair we proceeded to the food stalls. As soon as the food counter was opened, we all rushed to our favourite dish, garlic bread. There were other food stalls too, like cheese balls, pastry, jalebi-rabdi and many other. After relishing these delicacies, and satiating our hunger pangs, we proceeded to play musical housie. This was an activity in which everybody took part enthusiastically.

Through this activity we enjoyed a lot of songs. Throughout the Commerce Week, we could witness the efforts put into by our friends for organising such a grand event. We look forward to attend and organise such events in Anubhuti more often.

– Anand Raka and Nimish Tripathi, Class 11





Phanera purpurea is a species of flowering plant in the family Fabaceae, native to South China (which includes Hong Kong) and Southeast Asia. Common names include orchid tree, purple bauhinia, camel's foot, butterfly tree, and Hawaiian orchid tree. *Phanera purpurea* is a small to medium-size deciduous tree growing to 17 feet (5.2 m) tall. The leaves are 10–20 centimetres (3.9–7.9 in) long and broad, rounded, and bilobed at the base and apex. The flowers are conspicuous, pink, and fragrant, with five petals. The fruit is a pod 30 centimetres (12 in) long, containing 12 to 16 seeds. Leaves are alternate. The young leaves and flowers of *Phanera purpurea* are edible. In the Philippines, *P. purpurea* is known as alibangbang (lit. "butterfly"). The leaves have a citrusy and sour taste and are used as a souring agent for sinigang and similar dishes in Philippine cuisine. Throughout Southeast Asia, *P. purpurea* and related species are also used in making poultices for treating swelling, bruises,



boils, and ulcers. Various parts of the plant are also used in decoctions to treat fever and stomach ailments, as well as being used as an astringent. In Indian traditional medicine, the leaves are used to treat coughs while the bark is used for glandular diseases and as an antidote for poisons. The flowers are also used in pickles and curries and is regarded as a laxative.

The fan-throated lizard (*Sitana ponticeriana*) is a species of agamid lizard found in eastern peninsular India. It was earlier thought to be widespread but studies in 2016 resulted in the splitting of the group into several species placed in two genera. The genus *Sitana* has an enlarged projecting scale on the posterior side of the hind thigh which is absent in the sister genus *Sarada*.

The species is found mostly on the ground in open ground patches in thin forests. When disturbed this lizard sometimes runs with a bipedal gait. Upper head-scales small, sharply keeled; canthus rostralis and supraciliary edge sharp, with much enlarged scales. Dorsal scales larger than ventrals, with sharp keels forming straight longitudinal lines; lateral scales smallest, uniform or intermixed with scattered enlarged ones. The fore limb does not extend on to the vent, if laid backwards; the hind limb reaches to the orbit, if laid forwards; the lower



thigh is rather shorter than the foot (measured from the heel to the tip of the longest toe), the length of which is only three-fourths of the distance between the shoulder and hip joints. Limbs above with uniform strongly keeled scales. The length of the limbs varies very much: in some specimens the hind limb stretched forwards does not extend beyond the orbit, in others it reaches the end of the snout or even considerably beyond. Brown, with a series of dark spots along the middle of the back, the spot on the neck being the darkest; a whitish band along each side of the back. Gular appendage tricoloured—blue, black, and red.

Tail round, slender, once and a half to twice as long as the head and body, covered with equal keeled scales. Olive-brown above, with a series of rhomboidal spots along the middle of the back; a more or less distinct light band along each side of the back. Gular appendage tricoloured—blue, black, and red; this appendage is more developed in the breeding-season, and in the majority of individuals, at all events, is not coloured at other times. This species attains a maximum length of 8 inches, of which the tail takes 5 inches. From snout to vent 3-5 inches. Ebanasar (1989) reported the histomorphology of thyroid gland and thyroid activity in *Sitana ponticeriana* in juveniles, males and females with different ovary maturation stages. He has also reported ovoviviparity in females from Madurai and Virudhunagar areas of Tamil Nadu.

12 months for exploring uniqueness.

Here again we have a new beginning,
An old refrain to start a brand-new verse.
Perhaps the belly droops, the hair is thinning;
Perhaps each year the memory gets worse.
Yet new beginnings always start with hope,
Needing hope to nurture innocence,
Endeavouring to find a way to cope
When nothing deeply thought about makes sense.
Years come and go; Eden doesn't change.
Each new year we toddle forth again,
A foot into a world that's ever strange,
Restored by some great turning tide within.

– Nicholas Gordon.

Have you ever thought why the transition from 31st December to 1st January fills us with happiness and not with sorrow of losing a year of life? This is because we look towards this transition as a new beginning of another 12 months of uniqueness and happiness, days that would confront new challenges, days that would explore new dimensions of opportunities and learning skills. The new beginning excites us to not just get new things and opportunities but most importantly, we get another chance to not repeat the mistakes of the

past. It teaches that time and tide waits for none and there is no use to cry over the spilled milk. The New Year teaches us to forgive and forget the wrongs of our past but remember through it 'the lessons of life'. As it is said that experience hits you first and then teaches you. Taking the previous year as our experience and learning from it, we become updated versions adapted for the new world The New Year also reminds us for creating that goal which would drive us the entire 12 months enthusiastically. The New Year resolutions. Do you know why we make resolutions? New Year's resolutions are, as one author wrote, "a triumph of hope over experience" They're a way to quantify what we wish for ourselves but the best part is they are a method of erasing errors of the past year. It is aptly said by A.P.J. Abdul Kalam 'Yesterday was experience, today is experiment and tomorrow is result.' The actions you take today would shape your tomorrow. The editorial team wishes all the readers a joyful new year.

– Editors



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Published by Anubhūti School
(For Internal Circulation Only)
Printed at CMYK Offset, MIDC, Jalgaon.