

SANDESHANUBHUTI

"The 'Teacher' is the soul of a school and education."
– Bhavarlal H. Jain

Teachers' Day Celebration

Every year on 5th of September, 'Teachers' Day' is celebrated all across the country. As the name suggests, the day is dedicated to all the teachers, to acknowledge their contribution in shaping the life of multitude of students. The day commemorates the birth anniversary of Dr. Sarvapalli Radhakrishnan, a scholar, a Bharat Ratna recipient, the first Vice President and the second President of Independent India. His birthday denotes great importance for teachers and students and is marked with revelry and different programs, planned for teachers in different schools and colleges. At Anubhuti, we gave a break to our teachers from their mundane routine on that day.

The sublime decoration of the assembly hall by the Art department was eye-catching. Our day started very early, working for and managing all the arrangements. The class XI (EXIST) students, dressed in smart attire and sarees, acted as teachers for the rest of the day. We all took care of the functioning of the school and provided all the teachers a much needed and well deserved break.

In the morning, just before the program, we were happy to see the radiance on the faces of all Anubhutians, showing that all the students were eagerly waiting to celebrate the day in honour of their teachers. Very soon, the teachers were welcomed on the beats of band and the students were asked to sit according to their grades in the assembly hall.

The programme started with the felicitation of the teachers. Each one of us gave saplings to teachers as a token of love and appreciation. Puzzling and amusing introduction was prepared by the students to invite the teachers on the stage. Mimicry was the cynosure of the event followed by dances, activities for teachers and creative videos. Later in the evening, a grand dinner of a special menu, designed by EXIST was served. Some newly devised games by us, for all the mentors, were icing on the cake after the scrumptious meal. With the conclusion of this fun filled activity, we all went to our dorms satisfied, as we were able to make the day for our teachers memorable.
– *Maoulik Kumat, Class 11*



A National Conference @NSU, Jamshedpur

On 21st of September 2019, Agam Jain and I along with Swagat Sir went to the steel city Jamshedpur. We were invited by the Netaji Subhashchandra University, Jamshedpur, to present a research paper in the National Conference, INQUEST-2019. We felt very proud to



represent Anubhuti in front of many National and International delegates. Our research paper entitled "Bollywood Entrepreneur" was highly appreciated by the Vice Chancellor of the university and the Registrar of National Institute of Technology, Jamshedpur. We got the award in Special category for our contribution to the research and development. During our visit to Jamshedpur, We discovered that why TATA is called the most ethical company of India. The Company has adopted the whole Jamshedpur city and nurtures it like a child. They have developed biological Gardens, zoo, Water Conservation projects and many Parks for the citizens of Jamshedpur. Even though the city is surrounded by TATA Steel and Telco but they maintain an ecological environment in Jamshedpur.

– *Shubham Sankhala*, Class 12

Wisdom of Language

"Language opens the door of wisdom" was what our honourable guest, Dr. Bhalchandra Nemade expressed when he visited our school on 14th of July. The school auditorium was abuzz with inquisitiveness, excitement and applause, as the students got a golden opportunity to interact with the great writer. Along with Sahitya Academy Award, Mr. Nemade has received Padmashri award for his contribution to Marathi literature. While answering a question he said that pillar of 'unity' is elevated with the help of language, as 'language is the medium of unity'. He impressed upon us the importance of having different languages in India. He emphasized on the need of respecting our vernacular languages and mother tongue. We must learn English but not at the cost of our mother tongue. Corroborating his point he cited examples of Germany, Japan, France and China where students get their education in their mother tongue. These countries are all developed countries which don't give undue importance to English language. He further added that India's diversity, be it in language or in culture, has always

given her a unique identity in the world and we must preserve that multilingual identity. Mr. Nemade's words unquestionably left some indelible impressions on our mind. At last, to put it in a nutshell, the interaction was truly amazing and it concluded with the note that "art of communication is the language of leadership" and one should first learn their mother tongue because "if you talk to a man in a language he understands, that goes to his head. If you talk to him in his language, it goes to his heart."

– *Kashish Yerawar*, Class 10



Onam celebration

India is a country of different religions and different cultures, we celebrate every festival with all



enthusiasm and vehemence. Onam is one of the radical festival of South India. It is mainly celebrated in Karnataka, Tamil Nadu and Andhra Pradesh. On Sunday, we had a special lunch for Onam. The festival of south India filled Anubhuti with glee. The students of class 11th took the trump card for the arrangements in the dining hall. The teachers supported the students a lot. The food was too gut-gulling and with the support of class 11th and the teachers the program become a success.

– *Sanyam Baid, Class 9*

Life lessons from Respected Shri. Atul Bhau

On 29th of September, all the class 10th students were elated to have our first interaction with Atul Bhau. All of us were enlightened with the career options and the tricks for efficient studies. He gave thought to all our suggestions regarding the school. He shared with us the qualities and virtues we need to incorporate within us and value self-discipline above all. Atul Bhau told us how Dadaji has achieved so much in his life by following the self-discipline principles, he guided us and told us how we should tackle with certain phases of our life. We all learned to be self-motivated and intellectual to cope up with the ever changing era.

Our interaction ended with message of having pure thoughts, deeds, words i.e Achar, Vichar and Wani.

– *Siddhant Kothari, Class 10*



Our Scientific Realm

On 16th of September, the Anubhuti family was privileged to have Dr. Jayant Narlikar, a renowned astronomer, physicist and author of various scientific research papers and books. He is the man who is bestowed with so many achievements and laureates. He was accompanied by his wife Dr. Mangala Narlikar, a mathematics professor.

Professor Jayant proposed his own theory which mentions the Conformal Gravitational Theory. The

couple interacted with us and briefed the assembly about various scientific concepts and theories which were thought to be a mere myth and was cleared by believes and logics. Narlikar sir's vast knowledge about the concepts of physics and mathematics inspired all the Anubhutians and instilled curiosity within us. Out of the bubble of curiosity we asked him about his logics and reasons for contradicting the Einstein Theory and the Big Bang Theory.

From the existence of parallel universe to the current mission "Chandrayan II" and from the black holes to the mysterious Bermuda triangle, the students and the teachers sought to quench their thirst regarding science, technology, universe and innovation.

The inspiring couple left no stone unturned to answer our questions to satisfy our inquisitiveness.

– *Suyash Singh, Class 12*



Snappies



Round table conference @ Entrepreneurship program



Rajasthan Rocks ! @ Sunday Activity



Guests exploring creativity @ Arts & Crafts Block



Onam Celebration – Organising Team



Celebrating 'Rashtra Bhasha'



Hardwork always pays off



Lord Krishna in Anubhuti



Honouring the nation builders

भाषा सप्ताह उत्साहात साजरा

भाषा सप्ताहानिमित्त अनुभूती विद्यालयामध्ये विविध कार्यक्रमांचे आयोजन करण्यात आले होते. दिनांक ११ सप्टेंबर ते १४ सप्टेंबर या कालावधीमध्ये मराठी आणि हिंदी भाषा सप्ताह साजरा करण्यात आला. या निमित्ताने विद्यार्थ्यांनी कविता, गाणी,



नृत्य, भाषण आणि नाटिका सादर केली. भाषेशी संबंधित विविध खेळ, प्रश्नोत्तरे यासह हिंदी – मराठीच्या विद्यार्थ्यांनी विविध क्रिया – कौशल्ये सादर करून सर्वांची मने जिंकली.

भाषा सप्ताहानिमित्त ज्ञानपीठ पुरस्कार विजेते, प्रसिद्ध लेखक, कवी, श्री. भालचंद्र नेमाडे यांनी अनुभूती विद्यालयाला दिलेली भेट आणि विद्यार्थी – शिक्षकांशी साधलेला संवाद म्हणजे सर्वांसाठी एक सुखद आणि अविस्मरणीय क्षणचं!

हा भाषा सप्ताह यशस्वी होण्यासाठी सर्व शिक्षक, विद्यार्थी आणि शिक्षकेत्तर कर्मचारी यांनी प्रयत्न केले. या भाषा सप्ताहासाठी मार्गदर्शन प्राचार्य, श्री. जे. पी. राव यांचे तर प्रेरणा संचालिका, सौ. निशाजी जैन यांची लाभली.

– परशुराम माळी, शिक्षक

News Flash

- **Skating:** Aniket Jain secured second position in the zonal matches.
- **Captains** **Vice Captains** **Houses**
Aditya L. Siddhi G. Eagles
Shreeja M. Parth P. Phoenix
Shubham S. Khushi D. Wren
Siya K. Sarthak D. Falcon
- **Music:** Divyashree of class IX has secured third position in singing competition in Jalgaon
- **Atheletics:** Manas D. (under 14) secures first

position in 100m regional ISCE National Sports Championship

Janak T. (under 17) bags second position in 400m regional ISCE National Sports

Parth P. (under 19) secures his third position in shot put regional ISCE National Sports

- **Cricket:** Under 19 team will play for DSO
- **Chess:** Mayank W. wins the third position in the DSO matches

Corporate Lessons

Sanjeev Dahiwadkar, an established entrepreneur and an expert in the design and delivery of cost-effective, high-performance information technology infrastructures and applications to address complex business problems, has a proven track record in the large default servicing banks, small business e-commerce solutions and work flow efficiencies in several business verticals.

Mr. Sanjay Dahiwadkar visited our school campus recently and talked to senior students on the latest trends in Information technology and Artificial intelligence.

He insisted that the students should have the right attitude towards academic achievements and should persevere towards the same with single minded determination. He gave his own mantra of the right attitude, hard work and integrity to the students.

It was an honor to have Mr. Dahiwadkar, who is an enterprising entrepreneur in his own right, share his thoughts with our students.

– Leena Bhatia, Teacher



Change the World

Dear Anubhutiens,

Recently I came across the speech of a Commander-in-chief. "If we wanna change the world, start off by making your bed. If you make your bed every morning, you will have accomplished the first tasks of the day. It gives you a small sense of pride and it will encourage you to do another task and another and another. By the end of the day, that one task completed will have turned into many tasks completed. Making your bed will also reinforce the fact that little things in life matters. If you can't do the little things right, you will never be able to do the big things right. If, by chance, you have a miserable day, you will come home to a bed that you 'made'; and a made-bed gives you encouragement_ that tomorrow will be better."

He narrated how he has been trained for different tasks. 'To pass 'SEAL' training, there are a series of long swims that must be completed. One is the night swim. Before the swim, the instructor briefs, "Though no student has ever been eaten by a shark, if a shark begins to circle your position, stay in your ground; do not swim away; do not act afraid. If the shark is hungry for a midnight snack and darts towards you, then summon up all your strength and punch him in the snout. Then he will turn and swim away. There are a lot of sharks in the world. If you hope to complete the swim, you will have to deal with them. If you want to change the world, don't back down from the sharks..."

From the series of examples of training, there is one more worth telling.

"The last week of training is referred to as Hell week. It is 6 days and no sleep. Constant mental and physical harassment; and one special day at the mud flats, where mud will engulf you, one has to spend 15 hours trying to survive the freezing cold and howling wind and the incessant pressure to 'quit' from the instructors. As the sun began to set in the evening, the mud consumed each man until there was nothing visible but heads. The instructor



told them, they could leave the mud, only five men would quit, only five could get out of the oppressive cold. Looking around mud flats, it was apparent that some students were about to give up; it was still over eight hours until the Sun came up. Eight more hours of bone-chilling cold. The chattering teeth and shivering moans of the trainees were so loud, it was hard to hear anything...

"Then one voice began to echo through the night... one voice raised in song... the song was terribly out of tune but sung with great enthusiasm, one voice became two and two became three and before long, everyone in the class was singing. The instructors threatened them but they kept up the singing. The singing persisted and somehow mud seemed a little warmer and the wind a little tamer and the dawn not so far away. Is it the power of hope, power of one person.. A Washington.. A Lincoln... Mandela – Malala –one person can change the world by giving people hope. So if we want to give hope, start each day with a task completed; find someone to help you through life; respect everyone; know that life is not fair and that you will fail often, but if you take some risks, step up when the times are toughest, face down the bullies, lift up the downtrodden and never, never give up. "If you do these things, the next generation and the next generation and the generations that follow will line in a world far better than one we have today; and what started here, will indeed, have changed the world for the better.

"Sheer hard work, Smart work,

Team work with Discipline

will sure change your future for better....."

Class XI young enthusiasts, who now are taking over the editing of 'Sandeshanubhuti', my best wishes are with you and I trust, with the above punch line, you will take 'Sandeshanubhuti' to greater levels.

– **Nisha Jain**, Director

Fit India Movement

Good health and good sense are two of life's greatest blessings.

Keeping this dictum in mind 'Fit India Movement' was launched on 29th August, 2019 by our Honourable Prime Minister Narendra Modi at Indira Gandhi stadium, New Delhi. The movement was launched on 29th August as the day is celebrated as National Sports Day. To witness this grand launch live from Delhi, all the anubhutians gathered at the assembly hall. At a colourful ceremony, which included a presentation of India's indigenous martial art forms, dances and sports, PM Modi said that technology has contributed

to a sedentary lifestyle. "Fitness is zero percent investment with infinite returns," he explained. We watched the whole program with rapt attention. While watching the different performances representing different states of India we realised that the culture of India and different dance forms are directly or indirectly associated with fitness. At the end we all took a pledge that we promise to ourselves that we will devote time for physical activity and sports every day and at the same time will encourage others to be physically fit.

– *Hiya Shah, Class 9*

Good Touch Bad Touch

Besides classroom education it is equally important to educate children on social issues. Issues that are related to them and will help them remain safe in society. Nowadays, it has become necessary to aware the children on the topic of 'good touch and bad touch'. To guide our children on this, our school organised a session with Indian Medical Association (IMA) member Dr. Anu Amreliwala. She addressed the students of class Vth to VIIIth in the school auditorium. By profession she is a physiotherapist who lives in Mumbai. She informed us about taking care of our body and maintaining personal hygiene. To make things more clear and interesting, she showed us a video wherein a young girl, Riya interacts with different people. She (Riya) also differentiates between a good touch and a bad touch and reacts accordingly. After the interaction we asked some

questions to clarify our lingering doubts. Coming out of the auditorium we felt empowered and strong. We understood how to take care of the cleanliness of our body and remain safe in this world.

– *Aarna Joshi, Class 8*



Ganesha Idol Workshop

Eco-friendly Ganesha, nowadays remains in huge demand during Ganesh Chaturthi festival. We had a great Ganesha idol making workshop for students and all staff members. The first step begins by sourcing two varieties of material- clay and mud. We took the pure and virtuous mud to create the Ganesha idol. Before we do the process, we need to ensure that the mud is not rough and dry otherwise the rough mud could bring cracks on the structure. We need to make a framework and create a figurine so that it's finishing is smooth. We painted the Ganesha idol using fabric

colors. This was my second year to make Ganesha idol at Anubhuti. We felt so happy and delighted to make Ganesha idol but at the same time we were sad and dejected as we had to Ganesha visarjan on the last day. This year it was very special for us as we were accompanied by our teachers while making Ganesha idol.

I thank Ravindra Sir on behalf of Anubhuti family who helped and guided us to make eco-friendly Ganesha.

– *Sameera Potharaju, Class 6*

Never give up

Throwing some light on a poem by Berton Braley

If you want a thing bad enough
To go out and fight for it,
Work day and night for it,
Give up your time and your peace and your sleep for it
If only desire of it
Makes you quite mad enough
Never to tire of it,
Makes you hold all other things tawdry and cheap for it
If life seems all empty and useless without it
If neither cold poverty, famished and gaunt,
Nor sickness nor pain
Of body or brain
Can turn you away from the thing that you want,
If dogged and grim you besiege and beset it,
You'll get it!

Hard work is that magical word which can turn the tables when the ball isn't in your court. We always look upon the legends and appreciate their lives, also feel jealous of their success. But have we ever thought of the struggle they went through? There are



obstacles in life which we should accept and constantly strive to reach the goal. Hard work is the only path which opens the door of success. Human beings are confronted with and defined by the choices they make. Giving up will never show you the door which existed at the end. If you give up saying that the grapes are sour, you will never reach the zenith in life. Always remember that the constantly flowing water has the power to mold a solid rock. The rock which is so strong also has to give up against the consistency of the water.

Choice is totally up to you whether to be a rock or the constant water.

– Editors

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